

JFO 1 Day Timetable

**JUNIOR FOOTBALL ORGANISER'S COURSE**

**Date: Monday 1<sup>st</sup> September 2008**

**Time: 10am – 4pm**

**Venue: South Bristol Sports Centre**

Time	Topic	Duration	Location
10.00 – 10.20	Intros, Housekeeping, Ice-Breakers	20 mins	Classroom
10.30 – 10.40	Safety and Safeguarding Children	20 mins	Classroom
10.45 – 11.30	Preparing to Play Fundamentals Plan Warm Ups	45 mins	Classroom
11.30 – 11.45	Tutor Led Fundamentals Warm Up	15 mins	Astro
11.45 – 12.30	Students Warm Ups	45 mins	Astro
12.30. – 13.10	Lunch	40 mins	
13.10 – 14.00	Using the Resource Cards – Tutor Led, STEP Process Planning Sessions	50 mins	Classroom Astro
14.00 – 14.45	Students Delivery	45 mins	Astro
14.45 – 15.15	Skills of refereeing Refereeing Practical	30 mins	Classroom Astro
15.15 – 15.45	Organising Festivals	30 mins	Classroom
15.45 – 16.00	Step into Sport, Close	15 mins	Classroom